



2026 Region IV Men's Championship Preliminary Information **Coaches Info**



Region 4 Championships (Levels 3 – 10)

Date: March 26 - 29, 2026	Region 4 Website: www.region4mensgymnastics.com
Location: Georgia International Convention Center 2000 Convention Center Concourse College Park, GA 30377	Region 4 Championship Official Website: LINK (contains general info., travel info, hotel, etc)
Meet Director: <ul style="list-style-type: none"> ● Kevin White - Region 4 Chairman ● David Pomerantz - Meet Director 	
Entry Fee: <ul style="list-style-type: none"> ● \$185.00 per gymnast for USA Developmental Program Levels 3 - 6 (JE / D1), 7JN, 8JN, 9JN, 10JN ● \$185.00 per gymnast for USA Developmental Program Junior Elite Level 8JE, 9JE, 10JE ● Clubs will pay with one business check for all qualified athletes who will be attending at the conclusion of their state championship to their state chairman ● Make Checks payable to your State Chairman ● No personal checks will be accepted Entry Fee Information: <ul style="list-style-type: none"> ● If a gymnast qualifies, they must register at the conclusion of their session at the State Championship. ● The entry fee is non-refundable. <ul style="list-style-type: none"> ○ There is no refund for athletes once the entry fee has been paid to the State Chairman ○ The only exception to this rule is for a Petition Athlete. (As per Region IV Committee Meeting – 10/16/09) 	

10.0 AWARD NOMINATIONS - DUE BY MARCH 13th by 5:00pm

- If you feel your graduating senior fits the characteristics and traits of previous Ten-O nominees and winners, please email the following information to Mike Raines at gmraines@ten-o.com and Kevin White at kevnastics1@yahoo.com.
 - Characteristics and Traits: excellence in men's gymnastics paired with scholarly achievement and care in their community,
 - **Nominations should include:** Athlete's Name, State, Club Name, High School Name, GPA, Scholastics Achievements, and Gymnastics Achievements. Please list the top achievements only.

Petition Information ALL PETITIONS TO THE 2026 REGIONAL CHAMPIONSHIPS MUST BE **SUBMITTED TO YOUR STATE CHAIRMAN AT STATE CHAMPIONSHIP.**

No petitions will be accepted if sent directly to the Regional Chairman. Petitions **for all around only** may **only be submitted by the athlete's coach**, and submitted petitions must meet protocol procedures and be fully documented for consideration. Petitions may only be submitted for athletes who are unable to compete at the qualifying competition due to injury, illness, or extenuating circumstance. - **All questions regarding petitions should be directed to your State Chairman.**

a. Coaches are responsible for submitting ALL required documentation for a petition to the State Chairperson before the competition begins. The State Chairman will then send all petitions to the Regional Chairman for evaluation and approval. Petitions will be very strictly evaluated. **Petitions without the required supporting documentations will not be considered.**

- A completed petition must include the following information:
 - Injury Petition Form available at:
www.usagym.org/PDFs/Men/Rules/Rules%20and%20Policies/injury-petition.pdf
- In the case of injury or illness, **a statement from a physician (M.D. or D.O.)** which clearly states the athlete is **medically cleared to participate**. Statements from non-physicians, i.e. athletic trainer, physical therapist, nurse practitioner, etc. will NOT be accepted;
- Scores from two (2) USAG Sanctioned Meets during the 2025-2026 season -
 - If Petitioning for JE, Technical Sequence scores with a 42.00 or higher all-around plus optional scores

b. Petitions for athletes injured during a competition must be turned in to the State Chairperson by the conclusion of the event where the injury occurs (unless an emergency situation dictates otherwise). Documentation must be received by the State Chairperson within 48 hours of the conclusion of the event and must include the same documentation stated above.

c. Petitions must be turned in at the State Championship and petition athletes must pay for Regional Championship at the State Championship.

d. Petitions that are not approved will receive a refund.

Regional Registration Procedure and Checklist

Coaches and Gym Owners, please read this information carefully.

- **Registration of athletes to the Regional Championships will be handled by the coach only.** Placing coaches in charge of this procedure simplifies the Registration process considerably.
- **Prior to the state championship, coaches should verify which of their athletes will attend the Regional Championships, if qualified.**
 - Print a copy of your clubs state championship USAG Meet Reservation and mark off the athletes and coaches who WILL NOT be attending the regional championship
- Bring with you petitions with all supporting documentation
- Coaches **must bring a Club Business Check** to pay for all Regional entry fees at State Championship
- The State Chairman will provide coaches the location and times for registering their athletes.
 - Coaches must register all qualifying athletes **prior** to leaving state championship
 - All entry fees must be paid to your State Chairman, by check by the end of State Championships.
 - Fees include all qualifying athletes and petition athletes
 - Fees are non-refundable once an athlete has been registered, with the exception of petition athletes

Coaches, bring the following items to State Championships:

_____ A Business Check from your gym to pay the entry fees.

- \$185 per gymnast for USAG Development Program Levels 3 - 6 (JE / D1), 7JN, 8JN, 9JN, 10JN
- \$185 per gymnast for USAG Development Program Junior Elite Level 8JE, 9JE, and 10JE
- **Make Checks payable to your State Chairman**

_____ A list of all the athletes and coaches from your gym that will attend Region 4 Championship, if they qualify.

_____ Injury Petitions with all supporting documents

Travel Schedule

Some sessions on this schedule are different from their original tentative schedule as a result of official number of athletes entered into state championships.

Below is the travel schedule set for the Region 4 Championship. *The schedule listed below may change once all entries are received at the conclusion of the State Championships.* We have based these sessions on the numbers in the region that are allotted to attend the regional championships.

Final session times will be set after entries are received from all the state championships.

Thursday, March 26, 2026

- Evening - Open Workout at venue (Level 8 - 10 JE ATHLETES ONLY)

Friday, March 27, 2026

- Morning - Technical Sequence for all Level 8 - 10JE Athletes
- Afternoon - Level 7 JN (All Ages)
- Evening - Level 6 JE and Level 8 JN Only (All ages)

Saturday, March 28, 2026

- Morning - Level 8 JE (12-13) and Level 9 JN (All Ages)
- Afternoon - Level 9 JE (14-15) and Level 10 SR (JE and JN 18+)
- Evening - Level 10 JR (JE and JN 16 - 17)

Sunday, March 29, 2026

- Morning - Level 5 (D1 and D2 All Ages) and Level 6 D1
- Late Morning - Level 3 (D1 and D2 All Ages)
- Late Afternoon - Level 4 (D1 and D2 All Ages)

AWARDS - For all awards at Region 4 Championship, all levels and divisions will be divided into equal age groups based upon the total number of athletes in that session.

The age determination date is December 31, 2026.

2026 State Allotment Numbers

For Level 3 (D1/D2), Level 4 (D1/D2), Level 5 (D1/D2) and Level 6 (D1), and Level 7 (All Ages):

- Gymnasts qualify in rank order by combining all age groups in the All – Around at their respective State Championship. Otherwise, the Coach must submit a petition to the State Chairman.

For Level 6 (JE), 8 -10 all gymnasts that COMPETE AT THE STATE CHAMPIONSHIPS will qualify.

- Level 8, 9, 10 JE Athletes must achieve an all-around technical sequence score of 42.00 to compete as JE at Regional Championship.
- If this score is not achieved they will simply be registered as a JN.

Level	Division	AL	FL	GA	MS	NC	SC	TN	VA
Level 3	Division 1	11	23	17	3	11	8	12	15
	Division 2	2	14	4	0	9	7	0	8
Level 4	Division 1	7	20	22	3	16	12	10	17
	Division 2	0	13	1	2	11	3	0	7
Level 5	Division 1	5	18	19	3	10	7	9	13
	Division 2	0	9	3	0	4	3	0	7

Level	Division	AL	FL	GA	MS	NC	SC	TN	VA
Level 6	JE Future	0	16	1	0	3	1	5	5
	Division 1	3	8	4	0	9	3	3	4
Level 7	JN	6	28	12	0	25	15	9	49
Level 8	JN and JE	2	28	26	2	11	14	13	16
Level 9	JN and JE	5	20	19	0	24	9	9	20
Level 10	JR (JN & JE)	2	37	16	1	4	3	9	19
	SR (JN & JE)	1	28	16	1	11	4	8	13

STATE TOTALS	AL	FL	GA	MS	NC	SC	TN	VA
	44	262	160	15	148	89	87	193