



**2024 Men's Development Program Eastern/Western Championships & Development Program
National Championships Qualification Procedures
Version 3-26-24**

This document shall supercede what is written in the [Men's Program Rules & Policies](#) should there be conflicting statements regarding Men's Eastern/Western Championships and Development National Championships.

I. Qualification to the 2024 Men's Eastern & Western Championships

A. Levels 7, 8 & 9 JN

State Championships: Athletes must compete optional routines. Qualification to Regional Championships is determined by:

1. Achieving the regional qualifying score or meet the qualification requirements established by their region
2. Submitting a petition for injury, illness or extenuating circumstance to attend Regional Championships through the petition process outlined in Section IV below

Regional Championships: Athletes must compete optional routines. Qualification to the Eastern/Western Championships is determined by:

1. Athletes must fall within their Region's total allotment for each level. Athletes will qualify via all-around rank order within each level, regardless of age, or
2. Score within .15 of their Regions last qualifier within the allotment. Applies for all levels and All Around only, or
3. Individual Event qualification will be determined by an athlete placing in the top 20% of their region's total number of athletes for a particular level. Specific placements for each region and each level is noted in the attached allotment table.
4. Athletes may submit a petition for injury, illness, or extenuating circumstance to attend the Eastern or Western National Championships through the petition process outlined in Section IV below

II. Qualification to the 2024 Men's Development National Championships

A. Level 10 Junior National Division qualification to the Development National Championship is based on the following criteria:

State Championships: Athletes must compete optional routines. Qualification to Regional Championships is determined by:

1. Achieving the regional qualifying score or meeting the qualification requirements established by their region

2. Submitting a petition for injury, illness or extenuating circumstance to attend Regional Championships through the petition process outlined in Section IV below

Regional Championships: Athletes must compete optional routines. Qualification to the Development National Championships is determined by:

1. Athletes must fall within their Region's total allotment or,
2. Score within .15 of their Regions last qualifier within the allotment. Applies for all age groups and All Around only, or
3. Athletes must achieve one of the top three scores at Regional Championships in each single-age year on any Individual Apparatus to qualify as an apparatus specialist. (Will compete only on qualified apparatus at the Men's Development Nationals) or,
4. Athletes may submit a petition for injury, illness or extenuating circumstance to attend National Championships through the petition process outlined in Section IV below

B. Junior Elite Division qualification to the Development National Championships is based on the following criteria:

State Championships: Technical Sequences are required to be performed in order to qualify to Regional Championships as a JE athlete. Qualification to Regional Championships is determined by:

1. Meeting the regional standards/requirements in their respective region
2. Submitting a petition for injury, illness or extenuating circumstance to attend Regional Championships through the petition process outlined in Section IV below

Regional Championships: Athletes must compete both the Technical Sequences and Optional Routines. Qualification to Development National Championships in the Junior Elite division is determined by the following:

1. Athletes must compete the Technical Sequences on all six (6) apparatus, and
2. Athletes must qualify within their region's total allotment, or
3. Athletes must achieve the following combined total score:
 - a. Level 8 – 122.00 AA
 - b. Level 9 – 123.00 AA
 - c. Level 10 Jr. – 123.00 AA
 - d. Level 10 Sr. – 124.00 AA
4. Or athletes must score within .5 of their Region's last qualifier within the allotment or score within .5 of the appropriate combined qualifying score listed above.
5. Athletes may submit a petition for injury, illness or extenuating circumstance to attend National Championships through the petition process outlined in Section IV below

****Athletes must declare upon submission of entry to Regional Championships their intent to advance to the Junior Elite Division or they will be placed in the Junior National Division.**

III. General Information Regarding Qualification:

Regional Allotment:

1. Regional allotment will be determined by the MDPC based on participant numbers derived from the USA Gymnastics Meet Reservation System for the respective state championships within that region. Regional percentage is based on the number of a region's participants as a percentage of the national numbers to achieve the target number of athletes qualified to the Eastern and Western Championships as well as the Development National Championships.
2. The allotment will be announced on or before March 25th, 2024.

Qualification to the Eastern or Western Championships

1. The published regional allotment numbers will determine the number of athletes in Levels 7, 8 JN and 9 JN, who will compete at Eastern or Western Championships.
2. Athletes will fill those allotment numbers for each level by final all-around ranking, regardless of age. For example, if a region's allotment number is 50 Level 7's, then the top 50 Level 7's by all-around ranking will qualify to the Championships.
3. Additional athletes may also qualify by being within .15 of their Region's last qualified athlete within the allotment. This applies for all age groups and all around only.

Qualification for the Junior Elite Division at Development National Championships:

1. Advancement to the Development National Championships will be determined by the published allotment numbers based upon ranking within the region using the combined optional routine and technical sequence score in each single year age.
2. Junior Elite athletes may also qualify by achieving the combined optional and technical sequence score published in Section II.B.
3. Junior Elite athletes may also qualify by being within .5 of the athlete who secured the final allotment spot or being within .5 of the combined optional and technical sequence score published in Section II.B.

IV. Petitions:

1. Petitions may **only be submitted by the athlete's coach** and submitted petitions must meet protocol procedures and be fully documented for consideration. Petitions may only be submitted for athletes who are unable to compete at the qualifying competition due to injury, illness, or extenuating circumstance.
 - a. Coaches are responsible for submitting ALL required documentation for a petition to the Regional Chairperson.
 - b. Petitions must be received by either the State Chairperson (for Sectional or State meets) or the Regional Chairperson (for Regional and National meets) before the competition begins. Petitions should provide all documentation including:
 - i. In the case of injury or illness, a statement from a physician (M.D. or D.O.) which clearly states the athlete is medically cleared to participate. Statements from non-

- physicians, i.e. athletic trainer, physical therapist, nurse practitioner, etc. will NOT be accepted; and
 - ii. required results listed in Section IV.2, IV.3 or IV.4 below
 - iii. petitioned athletes must be registered for the respective event when all other qualifiers are entered
 - iv. petition form will be delivered in the form of a **GOOGLE FORM**. Link will be provided by Regional Chairperson. Entry fee must be paid for the event being petitioned.
 - c. Petitions that do not meet either the time or documentation requirements will not be accepted
 - d. Petitions for athletes injured during a competition must be turned in to the State Chairperson (Sectional or State meet) or to the Regional Chairperson (at the Regional Championships) by the conclusion of the event where the injury occurs (unless an emergency situation dictates otherwise). Documentation must be received by the State Chairperson (State Championships) or the Regional Chairperson (Regional/National Championships) within 48 hours of the conclusion of the event and must include the same documentation stated in Section IV.1.b.
 - e. Petitions may be approved pending medical clearance from a physician. Documentation of medical clearance must be provided prior to the first official training at any National Championship event. If medical clearance is not provided, the athlete will not be allowed to compete.
2. **Level 7 and all Level 8 & 9 Junior National athletes:** In addition to the requirements stated in Section IV.1, coaches must also submit results from a minimum of **two** USA Gymnastics sanctioned meets during the **current competitive season**, showing that their athlete's scores would place them in the **top 50%** of athletes in their level, who qualified by score from their region using the published national allotment for each of the Championship events. **The petition will not be accepted if these requirements are not met.**
3. **Level 10 Junior National athletes only:** In addition to the requirements stated in Section IV.1, coaches must also submit results from a minimum of **two** USA Gymnastics sanctioned meets, which can be from either the current competitive season (2024) or the previous championship season (States, Regionals, East/West, Dev Nationals, U.S. Classic, U.S.Championships in 2023) showing that their athlete's scores would place them in the **top 50%** of athletes in their level, who qualified by score from their region using the published national allotment for each of the Championship events. **The petition will not be accepted if these requirements are not met.**
4. **Junior Elite Division:**
- a. For athletes that were unable to compete in their Regional Championships (or designated qualifying competition for Development Nationals), coaches must follow the requirements in Section IV.1. They must also submit a copy of results from one Optional score AND one Technical Sequence score that achieved the qualification score to Development Nationals in Section II.B. These results can be from any USAG sanctioned event in the **current (2024) or previous (2023) competitive season**. The Optional and Technical Sequence scores do not have to be from the same competition.

- V. Competition Rules & Format for the Men's Development Eastern and Western Championships**
1. **Levels 7, 8 JN & 9 JN will utilize Men's Development Program rules**
 2. The Men's Eastern and Western Championships will each hold seven (7) sessions across levels 7, 8 JN and 9 JN.
 3. [Eastern Championships](#) will hold two (2) sessions of Level 7 and 8, and three (3) sessions of Level 9
 4. [Western Championships](#) will hold two (2) sessions of Level 7 and 8, and three (3) sessions of Level 9
 5. Each athlete will compete in one Capital Cup or modified Capital Cup session.
 6. Each session will be divided into four (4) equal age divisions after all athletes have been registered from each region.
- VI. Competition Format for the Men's Development National Championships**
- A. Competition Rules & Format for Level 10 Junior National Division:**
1. **All Junior National Level 10 athletes will compete Men's Development Program rules with Development Program Bonus Table (Appendix B) in effect.**
 2. JN Level 10's will compete in four (4) Capital Cup sessions. Thursday's Regional Team session (#3) will consist of five (5) Level 10 (16-17 year olds) and five (5) Level 10 (18-19 year olds) per region for a total of 90 athletes. Three (3) additional squads of non-regional team athletes will be placed in this session by random draw.
 3. There will be three (3) additional sessions of Level 10 JN's on Friday in Capital Cup format. The age divisions are 16-17 (Jr) and 18-19 (Sr).
 4. From the pool of Level 10 eligible athletes, 48 all-around athletes will advance in rank order from each single age year to the finals session on Sunday from both the Level 10 Jr. and Level 10 Sr. divisions. Awards for all-around and individual apparatus are based upon combined score from both days and will be given in single age years.
 5. Level 10 athletes who place in the Top six (6) on an individual event who are not already in the Top 48 AA will advance to finals on that apparatus only from each single age year.
 6. Each Flight (A & B) will be composed of six (6) squads of approximately ten (10) athletes. Athletes from the same club will be placed in the same squad and flight wherever possible. One flight will compete while the other flight warms up. Squad assignments for finals qualifiers will be published and posted on the day following the preliminary optional session for each age division.
- B. Competition Rules & Format for Junior Elite Division:**
1. **Junior Elite Level 8 & 9 athletes will compete Men's Development Program rules. Level 9 JE will utilize the Development Program Bonus Table in Appendix B.**
 2. **Junior Elite Level 10 athletes aged 16/17 will compete Junior FIG rules with Junior D score Bonus System (Appendix B) in effect. Development Program matting rules will be allowed. No other Development Program exceptions will be permitted.**
 3. **Junior Elite Level 10 athletes aged 18/19 will compete Senior FIG rules. There will be no Bonus System in effect for this age group. Development Program matting rules will be allowed. No other Development Program exceptions will be permitted.**
 4. All Junior Elite Division athletes will advance to the Finals session on the 2nd day of competition.

5. Level 8 & 9 Junior Elite Division athletes will perform Optional routines on the 1st day of competition (Thursday). Level 8 & 9 Junior Elite Division athletes will perform Technical Sequences in the Finals session on their 2nd day of competition (Saturday).
6. Level 10 Junior Elite Division athletes will perform Optional routines on the 1st and 2nd day of competition (Thursday/Saturday).
7. Junior Elite Division athletes will be eligible to receive awards in single age year categories in each age division.

Final Rankings for Junior Elite Division and Level 10 JN Finals:

1. Final ranking will be determined by combined scores of 1st and 2nd day for both the All-Around and Individual Events.

VII. 2024 US Championships Qualification & Junior Elite National Team selection from Development National Championships

The chart for Junior athlete qualification to 2024 US Championships & National Team Selection Chart for Level 8, 9 and 10 JE athletes can be found on the USAG website here:

<https://usagym.org/men/elite/#selection>

The qualification process to the Senior session at the 2024 US Championships can be found here:

<https://usagym.org/men/elite/#selection>

VIII. 2024 Allotment Tables

2024 Men's Eastern Championships Allotment Table				
	Level 7	Level 8	Level 9	Total
Region 5	76	76	76	228
Region 6	35	10	44	89
Region 7	71	60	93	224
Region 8	58	56	75	189
Total	240	202	288	730

2024 Men's Eastern Championships Event Qualifier Rank				
	Level 7	Level 8	Level 9	
Region 5	39	15	23	
Region 6	18	2	13	
Region 7	36	12	28	
Region 8	29	11	23	

2024 Men's Western Championships Allotment Table				
	Level 7	Level 8	Level 9	Total
Region 1	62	69	98	229
Region 2	31	20	42	93
Region 3	60	62	82	204
Region 4	54	22	40	116
Region 9	33	19	27	78
Total	240	192	288	720

2024 Men's Western Championships Event Qualifier Rank				
	Level 7	Level 8	Level 9	
Region 1	21	19	27	
Region 2	10	6	12	
Region 3	20	17	23	
Region 4	18	6	11	
Region 9	11	5	7	

2024 Men's Dev Nationals Junior National Allotment Table									
			Level 10 Jr 16	Level 10 Jr 17		Level 10 Sr 18	Level 10 Sr 19		Total
Region 1			14	20		34	10		78
Region 2			4	9		8	6		27
Region 3			17	23		21	7		67
Region 4			8	7		14	6		34
Region 5			22	25		34	11		92
Region 6			2	8		10	4		25
Region 7			16	20		33	9		78
Region 8			20	25		23	11		79
Region 9			5	6		10	3		24
Total			109	143		185	67		504

2024 Men's Dev Nationals Junior Elite Allotment Table												
	Level 8 (12)	Level 8 (13)		Level 9 (14)	Level 9 (15)		Level 10 Jr (16)	Level 10 Jr (17)		Level 10 Sr (18)	Level 10 Sr (19)	Total
Region 1	4	6		5	2		3	4		5	2	32
Region 2	1	2		2	1		1	0		3	1	10
Region 3	4	7		3	5		4	6		1	0	30
Region 4	0	3		1	1		1	1		1	1	9
Region 5	4	5		3	6		4	4		7	3	35
Region 6	1	0		2	1		1	1		1	0	6
Region 7	3	5		1	3		3	2		3	1	21
Region 8	5	8		7	8		4	7		11	5	56
Region 9	3	2		3	3		0	2		2	0	15
Total	24	36		28	31		22	28		34	14	216

Appendix A Awards Plan

Eastern/Western Championships

- I. Individual Awards
 - a. The top eight (8) athletes in each of the four age divisions will be awarded in the all-around and on each individual apparatus. Ties are not broken, and duplicate awards will be given.
- II. Regional Team Awards
 - a. The top three (3) Regional Teams per level will be recognized (announced ONLY). Team scores will be determined by the top three (3) scores per event (apparatus).
- III. Club Team Awards
 - a. The top three (3) clubs will be recognized with a banner for Levels 7, 8 & 9 each. Club scores will be determined by the top three (3) scores per event (apparatus).

Development National Championships

Junior Elite Division

- I. Individual Awards
 - a. Junior Elite Division All-Around awards will be presented to the top ten finishers in each single age year within Level 10 (16, 17, 18, 19), Level 9 (14 & 15), and Level 8 (12 & 13). Ties will not be broken, and duplicate awards will be given. Ten all-around awards will be given except in the case of a tie for tenth place.
 - b. Individual Event awards will be presented to the top (6) six finishers in each age group. Ties will not be broken, and duplicate awards will be given. Six places will be awarded except in the case of a tie for sixth place. Single Age Year placements will be used when designated by MDPC.
 - c. Awards will be presented for All-Around and Individual Events following the second day of competition based upon combined score of both days by division.
- II. Team Awards
 - a. Junior Elite Level 8 & 9 Club Team Award – The top three (3) Club Teams in each level will be awarded after the first day of optional competition. The Club Team score will be calculated using the top three (3) scores on each event in each level, using the optional routines only.

Junior National Division

- I. Individual Awards
 - a. Junior National Division All-Around and Individual Event awards will be presented to the top ten finishers within Level 10 (16, 17, 18, 19) based upon single age year categories. Ties will not be broken, and duplicate awards will be given. Ten all-around awards will be given except in the case of a tie for tenth place.

- II. Team Awards
 - a. Junior National Division Regional Teams - When submitting Regional Championships results, the Regional Chairperson will identify the top five (5) athletes in the Level 10, 18-19 year-old Junior National division (combined) and the top five (5) athletes in the Level 10, 16-17 year-old Junior National division (combined) to represent their region in the Level 10 JN Optional Routines/JN Regional Team session at Development National Championships. The Top three (3) Regional Teams in each combined age group will be presented with plaques. The Regional Team score will be calculated from the Regional Team session using the top three (3) scores per event. All Regional Team participants must be in competition attire for the award presentation.

- III. Club Team Award - The Top six (6) Club Teams in each Level will be recognized on their first day of optional competition based on the combination of the results from Junior National and Junior Elite Divisions, where applicable. A Championship banner will be awarded to the Top three (3) teams. The Club Team score will be calculated using the top three (3) scores on each event from the respective divisions. All participants must be in competition attire to appear in the award presentation.

Special Recognition Awards

- I. Frank J. Cumiskey Service Award
 - a. The Frank J. Cumiskey Service Award is given as an honor to an individual or individuals for their thoughtful and unselfish contributions to the service of the USA Gymnastics Development Programs. Mr. Frank Cumiskey founded the USA Gymnastics Men's Development Program. He endowed the Men's Development Program with its present design, format and character. It is indeed an honor to receive the prestigious award in Frank Cumiskey's name for duty and service to the Men's Development Program in America. Potential recipients for the awards include but are not limited to coaches, judges, administrators, and club directors who have contributed to the improvement and continuance of the USA Gymnastics Development Program at a Local, Regional or National level.

- II. Dusty Ritter Visionary Award
 - a. The Dusty Ritter Visionary Award is presented to an individual who has demonstrated years of exceptional foresight, leadership and advocacy for the U.S. Men's Program. More than a service award, the Dusty Ritter Visionary Award identifies individuals who have become well respected teachers within our community. Dusty understood the evolving landscape of Men's Gymnastics and had an ability to foresee future trends. As the USAG Men's Development Program Coordinator, he motivated athletes and guided coaches through his oversight of the Men's Development and Junior National Team Programs. This award shall pay homage to a true icon in U.S. Men's Gymnastics by being presented to leaders who stand firm in their beliefs and convictions in the pursuit of progressing the U.S. Men's Program into the future.

III. National Service Awards

- a. To be eligible for the National Service Award, an individual must be a member of the MDPC (or a subcommittee of the MDPC), on the Jr. National Coaching Staff, Competition Manual Committee, or a State Chairperson. Years of service do not have to be in consecutive years.

IV. Mas Watanabe Recognition Award

- a. The Mas Watanabe Award is given to recognize achievement through gymnastics competition at the national level. Mas Watanabe remains a leader in gymnastics in the United States. His direction gives purpose to many of his contemporaries in the sport. Mas Watanabe is closely devoted to the athlete. An athlete receiving this award is doubly honored as he has shown outstanding achievement.
- b. The Mas Watanabe Award is presented at Development National Championships to the athletes with the highest All-Around placement in the Junior Elite Level 10, 16-17 (combined) and 18-19 (combined) year-old divisions.

V. Roberto Pumpido Coaching Excellence Award

- a. Roberto Pumpido was a friend to many and was a well-known coach of coaches. Roberto Pumpido was dedicated to coaching excellence and the true artistic value of gymnastics. He gave the coaching community and the athletes he worked with a unique perspective that not only developed one technically and physically but focused on the proper respect and mental aspects of becoming a champion. This award seeks to recognize coaching excellence and to continue Roberto's legacy of communicating the alluring intricacies of gymnastics.
- b. The Roberto Pumpido Coaching Excellence Award will be presented at Development National Championships to the coach of the athlete with the highest All-Around placement in the Junior Elite Level 10, 16-17 (combined) and 18-19 (combined) year-old divisions.

**Appendix B
Junior Bonus Systems**

This Bonus Table will be used for Level 10 JE athletes aged 16/17 only. Bonus will be applied to Final Score. No other bonus tables will be used for this age group.

FX		PH		SR		VT		PB		HB	
Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus	Difficulty	Bonus
4.6	0.104	4.6	0.104	4.2	0.104	4.8	0.100	4.5	0.104	4.0	0.104
4.7	0.217	4.7	0.217	4.3	0.217			4.6	0.217	4.1	0.217
4.8	0.338	4.8	0.338	4.4	0.338	5.0	0.302	4.7	0.338	4.2	0.338
4.9	0.469	4.9	0.469	4.5	0.469			4.8	0.469	4.3	0.469
5.0	0.611	5.0	0.611	4.6	0.611	5.2	0.505	4.9	0.611	4.4	0.611
5.1	0.763	5.1	0.763	4.7	0.763			5.0	0.763	4.5	0.763
5.2	0.926	5.2	0.926	4.8	0.926	5.4	0.710	5.1	0.926	4.6	0.926
5.3	1.102	5.3	1.102	4.9	1.102			5.2	1.102	4.7	1.102
5.4	1.290	5.4	1.290	5.0	1.290	5.6	0.916	5.3	1.290	4.8	1.290
5.5	1.492	5.5	1.492	5.1	1.492			5.4	1.492	4.9	1.492

This Bonus Table will be used for Level 9 JN & JE athletes and Level 10 JN athletes only. This table will not be applied to Level 10 JE athletes.

Junior Men's Start Value Bonus Table – Level 9 & Level 10 JN Only		
Event	Minimum SV Bonus Level	Bonus
Floor Exercise	4.8	+0.2
Pommel Horse	4.9	+0.2
Rings	4.4	+0.2
Vault	5.2	+0.2
Parallel Bars	4.7	+0.2
Horizontal Bar	4.3	+0.2
Note: Use only FIG Code values for Juniors for 8 counting skills		
Note: Stick Bonus does not count for Start Value difficulty component		
Bonus is available for Levels 9 and 10 except where championship events may prohibit their use		
Level 9 FX Bonus includes value for virtual exceptions on Floor Exercise		