

# 2017 USA Gymnastics Men's State Championships Clearwater, Florida Competition Schedule

Admission is cash only. We do not accept checks and cannot take credit cards.

**CASH ONLY!** Adults (13+) - \$20.00 per day, \$30.00 Weekend Children (5 - 12) \$12.00 per day, \$20.00 Weekend **CASH ONLY!**

**Friday, March 10, 2017**

<b>Session FR1 - Modified Capitol Cup Technical Sequences</b>		<b>Session FR2 - Capitol Cup Level 5 Div 1 and Div 2 Athletes Born ON OR BEFORE July 31, 2006</b>	
Apollo, EVO Gymnastics, FGTC, Gold Coast, Gymnastics USA, LaFleur's Tampa, MGA Gymnastics, Oldsmar, Sun Country, TAG USA, Universal Yessoool		Angel's Gymnastics, Apollo, Bayside, EVO Gymnastics, Extreme Air, FGTC, First Coast, Fit Club, Florida Flips, Gallagher's, Genie's Gymnastics, Gold Coast, Gym Force, Gymnastics Plus Boca, Gymnastics USA, Harbor City, LaFleur's Tampa, North Florida - Jax, Oldsmar, Orlando Gymnastics, Orlando Metro, Park Avenue, Power Tumble, South Florida, Sun Country, TAG USA, TNT, Trousdell, Tumblebees Jupiter, Universal Gym Acad, Universal Yessoool	
General Stretch	10:30 AM	General Stretch	2:00 PM
Introductions and March In	10:50 AM	Introductions and March In	2:20 PM
Competition	10:55 AM	Competition	2:30 PM
<b>Individual Awards to follow.</b>			

**Annual State Coaches Meeting Scheduled between the Level 5 Sessions.**

<b>Session FR3 - Capitol Cup Level 5 Div 1 and Div 2 Athletes Born ON OR AFTER August 1, 2006</b>	
Angel's Gymnastics, Apollo, Bayside, EVO Gymnastics, FGTC, First Coast, Florida Flips, Gallagher's, Gulf Coast, Gym Force, Gymnastics Plus, Gymnastics Plus Boca, Gymnastics USA, Harbor City, LaFleur's Tampa, MGA Gymnastics, North Florida - Jax, North Florida - OP, Oldsmar, Orlando Gymnastics, Orlando Metro, Park Avenue, Power Tumble, South Florida, South Miami, Sun Country, TAG USA, TGR, TNT, Trousdell, Tumblebees Jupiter, Twisters, Universal Gym Acad, Universal Yessoool	
General Stretch	5:30 PM
Introductions and March In	5:50 PM
Competition	6:00 PM
<b>Individual and Team Awards to follow.</b>	

Regional Qualifiers must commit and sign up for Regional Championships within one hour of their Awards Ceremonies at the Registration Desk.

Regional Registration to be handled by the coaching staff, or Gym Representative.

Regional Entry Fees to be paid with a single Business Check, payable to Florida USAG Men's Program.

**Saturday, March 11, 2017**

<b>Session SA1 - Capitol Cup Level 6 Div 1 and Div 2</b>	
Apollo, Bayside, EVO Gymnastics, Extreme Air, FGTC, First Coast, Fit Club, Gallagher's, Genie's Gymnastics, Gold Coast, Gulf Coast, Gym Force, Gymnastics Plus, Gymnastics USA, Harbor City, LaFleur's Tampa, MGA Gymnastics, Nona, North Florida - OP, Orlando Gymnastics, Orlando Metro, Panhandle Perfection, Park Avenue, South Florida, Southern Starz, Sun Country, TAG USA, TNT, Top Contenders, Trousdell, Tumblebees Jupiter, Twisters, Universal Allstar	
General Stretch	8:00 AM
Introductions and March In	8:20 AM
Competition	8:30 AM
<b>Individual and Team Awards to follow.</b>	

<b>Session SA2 - Capitol Cup Levels 9 &amp; 10 and Senior Awards Presentation</b>	
Apollo, EVO Gymnastics, FGTC, First Coast, Gallagher's, Gold Coast, Gulf Coast, Gym Force, Gymnastics Plus, Gymnastics USA, Harbor City, LaFleur's Tampa, North Florida - OP, Oldsmar, Orlando Metro, Park Avenue, Prestige Gymnastics, Sun Country, TAG USA, Trousdell, Tumblebees Jupiter, Twisters, Universal Yessoool	
General Stretch	12:00 PM
Introductions and March In	12:50 PM
Competition	1:00 PM
<b>Individual and Team Awards to follow.</b>	

<b>Session SA3 - Capitol Cup Levels 7, 8 and Junior Developmental</b>	
Angel's Gymnastics, Apollo, Bayside, EVO Gymnastics, Extreme Air, FGTC, First Coast, Fit Club, Gallagher's, Genie's Gymnastics, Gym Force, Gymnastics Plus, Gymnastics USA, Harbor City, LaFleur's Tampa, MGA Gymnastics, North Florida - Jax, North Florida - OP, Oldsmar, Orlando Metro, Park Avenue, Prestige Gymnastics, Sun Country, TAG USA, TGR, Trousdell, Tumblebees Jupiter, Twisters, Universal Yessoool	
General Stretch	5:00 PM
Introductions and March In	5:20 PM
Competition	5:30 PM
<b>Individual and Team Awards to follow.</b>	

Level 4 and Level 5 Regional Qualifiers will be determined after the last Session of competition for their Level.

**Sunday, March 12, 2017 (Start of Daylight Savings Time!)**

<b>Session SU1 - Capitol Cup Level 4 Div 1 Athletes Born ON OR BEFORE February 25, 2008</b>	
Angel's Gymnastics, Apollo, Bayside, EVO Gymnastics, FGTC, Florida Flips, Gallagher's, Gold Coast, Gulf Coast, Gymnastics Plus, Gymnastics USA, MGA Gymnastics, North Florida - Jax, Oldsmar, Orlando Gymnastics, Orlando Metro, Power Tumble, Prestige Gymnastics, South Florida, South Miami, TAG USA, TNT, Top Contenders, Twisters, Universal Gym Acad, Universal Yessoool	
General Stretch	8:00 AM
Introductions and March In	8:20 AM
Competition	8:30 AM
<b>Individual Awards to follow.</b>	

<b>Session SU2 - Capitol Cup Level 4 Div 1 Athletes Born ON OR AFTER February 26, 2008</b>	
Angel's Gymnastics, Apollo, Extreme Air, FGTC, Genie's Gymnastics, Gold Coast, Gulf Coast, Gymnastics Plus, Gymnastics Plus Boca, Gymnastics USA, Harbor City, LaFleur's Tampa, MGA Gymnastics, North Florida - Jax, North Florida - OP, Oldsmar, Orlando Metro, Park Avenue, South Miami, Southern Starz, TAG USA, Top Contenders, Twisters, Universal Gym Acad, Universal Yessoool	
General Stretch	10:15 AM
Introductions and March In	10:25 AM
Competition	10:35 AM
<b>Individual Awards to follow.</b>	

<b>Session SU3 - Capitol Cup ALL Level 4 Div 2 Athletes</b>	
Apollo, First Coast, Fit Club, Gallagher's, Genie's Gymnastics, Gold Coast, Gymnastics Plus Boca, Harbor City, Naples Progressive, North Florida - Jax, North Florida - OP, Orlando Gymnastics, Orlando Metro, Prestige Gymnastics, South Miami, Sun Country, TAG USA, TGR, Tumblebees Jupiter, Twisters, World Class	
General Stretch	12:45 PM
Introductions and March In	1:05 PM
Competition	1:15 PM
<b>Individual and Team Awards to follow.</b>	